

## Internet Resources (cont.)

### National Council on Aging

<http://www.ncoa.org/>

This organization's mission is to improve the lives of older Americans through support and advocacy. The site includes information and links concerning senior's benefits, programs and legal rights.

### WebMd Healthy Aging Center

<http://www.webmd.com/healthy-aging/default.htm>

Find information on aging-related conditions, as well as suggestions for staying fit and healthy as you get older. Healthy aging news, videos, treatments and related topics with links to information about illnesses that commonly affect older people.

## Print Resources

REF HQ1061 .E53 2006 V.1

The encyclopedia of aging: a comprehensive resource in gerontology and geriatrics

REF HV1468.D3 D45A

Guide to services for older Delawareans  
Delaware Division of Aging

REF RC954 .E53 2001

The encyclopedia of elder care: the comprehensive resource on geriatric and social care  
Mezey, Mathy Doval.

REF RC952.55 .J64 1995

The Johns Hopkins medical handbook: the 100 major medical disorders of people over the age of 50: plus a directory to the leading teaching hospitals, research organizations, treatment centers, and support groups.  
Margolis, Simeon, 1931-

## Book Resources

### Need to find books about aging?

Consider searching the [Delaware Library Catalog](#). If you are unable to locate needed books in the Wilmington University Library, try searching the database [WorldCat](#) to identify resources available in other libraries around the world. As a student or faculty member, you can request these materials through [Interlibrary Loan](#). If you do not know the author, titles, or library catalog subject headings, try a keyword or keywords approach.

## Subject Headings

Most book records provide Library Catalog subject headings which can also be used to identify more books on the same or similar topics.

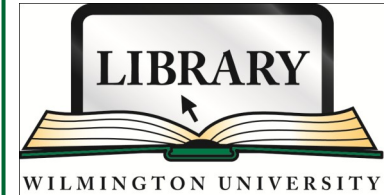
- Aged
- Ageism
- Aging
- Geriatrics
- Gerontology
- Longevity
- Middle-Aged Persons
- Minority Old People
- Old Age
- Older People

*More helpful QuickGuides are available from the Library website*

[www.wilmu.edu/library/quickguides](http://www.wilmu.edu/library/quickguides)

*For further information, please call*

**1-800-451-5724**



## Research Guide: Aging

WILMU.EDU/LIBRARY

# Library Resources for Research on Aging

## Research Databases

The sources listed below have been compiled for students as a starting point for conducting research through research databases, and via our online catalog. Once a database is selected, off-campus users will be asked to log into Blackboard before database access is given. Students are encouraged to continue their research on Aging using the electronic databases noted below.

- Academic Search Premier
- AgeLine
- CINAHL with Full Text
- CQ Researcher
- Encyclopedia Britannica
- Health Source: Nursing/Academic
- Humanities International Complete
- Medline
- Opposing Viewpoints Resource Center
- PsychBooks
- PsycINFO
- SocINDEX with Full Text



## Internet Resources

**Note: When conducting research on the Internet, it will be helpful to consider a few points.**

- The Internet is full of information that may not be scholarly, updated, and or unbiased.
- Use domain searching (.edu, .gov, .org.) to improve the quality of your searches. You can limit your searches by using the advanced features of search engines such as Google.
- Determine who wrote, gathered, or sponsored the page or information.
- Try to determine if the information is current by looking for a date listed when the site was created or last updated.

You should be somewhat skeptical of sites that contain a lot of advertising for products or services.

### Selected U.S. Government Web Sites

The United States federal government gathers tremendous amounts of information and statistics on a wide array of subjects. The Websites below are excellent places to start searching for information concerning aging on the World Wide Web.

#### **United States Administration on Aging**

<http://www.aoa.gov/>

This site is designed to provide a comprehensive overview of a wide variety of topics, programs and services related to aging.

#### **National Institute on Aging**

<http://www.nia.nih.gov/>

In 1974, Congress granted authority to form NIA to provide leadership in aging research, training, health information dissemination, and other programs relevant to aging and older people.

#### **Department of Health and Human Services**

<http://www.cdc.gov/aging/>

The Center for Disease Control and Prevention provides information on longevity, illnesses that effect older adults and long term elder care.

#### **US Department of Health and Social Services**

<http://www.hhs.gov/aging/>

This site offers research information on aging and topics that effect seniors such as; medications, medicare and medicaid, caregivers, resources, exercise and nutrition.

#### **AgingStats.gov**

[http://www.agingstats.gov/agingstatsdotnet/main\\_site/default.aspx](http://www.agingstats.gov/agingstatsdotnet/main_site/default.aspx)

The Federal Interagency Forum on Aging-Related Statistics (Forum) was initially established in 1986, with the goal of bringing together Federal agencies that share a common interest in improving aging-related data.

### Additional Selected Websites

#### **AARP**

<http://www.aarp.org/>

AARP is a non-profit organization of persons aged 50 and older. Find information on legislation and political issues.



#### **Institute of Gerontology**

<http://www.ioq.wayne.edu/index.php>

The Institute of Gerontology at Wayne State University looks into issues of aging and urban health.

#### **Delaware Div. of Services for Aging**

<http://www.dhss.delaware.gov/dhss/dsaapd/publica.html>

PDF versions of Guide Books/Directories, Advanced Directives/Living Wills, Caregiver Info, Health & Wellness, Crime Prevention, Intergenerational Services, Money Management, and more.