

**WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION**

COURSE TITLE: Administering Programs for Senior Adults

COURSE NUMBER: AHS 7680

I. RATIONALE:

Our population is aging rapidly and the human services network must be prepared to support senior adults as they grow older and live longer. Demands on existing services have overburdened the traditional safety net of programs, thus threatening both the quality of life of seniors and the economic viability of government entitlements such as Social Security and Medicare. Caregiving responsibilities for parents and ailing spouses impact individuals and businesses, whose productivity suffers because of employee caregivers' absences and distractions. The huge age wave caused by baby boomers will require changes to expectations for retirement and senior living options. Human services leaders will be required to respond proactively to these changes and need a foundation from which they can develop and direct programs for senior adults, as well as utilize older adults as part of their work force and volunteer base to deliver services.

II. INSTRUCTIONAL GOALS:

GOAL A: Explore and demonstrate an understanding of the impact of aging for the individual.

Learning Outcomes: The student will

- A-1. Develop an understanding of the process of aging
- A-2. Recognize ageism and changing stereotypes of the older person
- A-3. Analyze demographic trends and the projected effects on the community

GOAL B: Explore and demonstrate an understanding of the critical issues of aging.

Learning Outcomes: The student will

- B-1. Examine the phenomenon of aging in place and residential options for older adults
- B-2. Identify the elements of healthy aging and develop a strategy to promote wellness with senior adults
- B-3. Recognize the challenges to healthy aging, including chronic illness, dementia, elder abuse, neglect and financial exploitation
- B-4. Examine the impact of caregiving for relatives raising others' children, caregivers of the chronically ill and frail elderly, and business
- B-5. Assess end of life issues, including ethical dilemmas for families and professionals and how to die with dignity

GOAL C: Explore and demonstrate an understanding of services for older adults.

Learning Outcomes: The student will

- C-1. Recognize the importance of the Older Americans Act and the services it provides
- C-2. Examine government entitlement programs and consider their social and economic impact on an aging society
- C-3. Identify the range of programs available in Delaware for senior adults and consider their availability, accessibility and affordability, as well as gaps in services
- C-4. Review public policy that affects older adults at the local, state and federal levels
- C-5. Identify funding streams for older adult services

GOAL D: Explore and demonstrate an understanding of the personal experience of aging.

Learning Outcomes: The student will

- D-1. Analyze his/her own response to being an aging adult
- D-2. Develop an individual plan to facilitate healthy aging
- D-3. Create a personal retirement plan
- D-4. Identify preferences for end of life care

GOAL E: Use appropriate written and oral communication skills

Learning Outcomes: The student will

- F-1. Communicate information orally in a logical and grammatical manner.
- F-2. Present written information using standard APA style.