WILMINGTON UNIVERSITY
COLLEGE OF HEALTH PROFESSIONS
COURSE OUTLINE & SCHEDULE OF ASSIGNMENTS

COURSE NUMBER:  HLT 371

COURSE TITLE:  CULTURAL DIVERSITY IN HEALTH AND ILLNESS

PREREQUISITES:  NONE

IDEA ESSENTIAL ITEMS: Learning to Apply Course Material (to improve thinking, problem solving, and decisions).

Developing a clearer understanding of, and commitment to, personal values

IDEA IMPORTANT ITEMS: Developing specific skills, competencies, and points of view needed by professional in the field most closely related to this course.

Learning to analyze and critically evaluate ideas, arguments, and points of view

METHOD OF CONTACT/ OFFICE HOURS:

I.  TOPICAL OUTLINE:

1. **Objective:** Describe the meaning of health and illness both personally and for the health care consumer.

2. **Objective:** Identify potential factors that contribute to possible health care inconsistency between the consumer and the health care system.

3. **Objective:** Discuss possible interventions/solutions to overcome barriers encountered in accessing healthcare.
   
   A.

4. **Objective:** Evidence of critical thinking skills in class discussion, written work, online assignments, and oral/visual/voice-enhanced presentations.

II.  METHODOLOGY

A. **Teaching Method Options**
   
   Readings, Lecture, Multimedia, Discussion Board, and Group Activities

B. **Evaluation Methods**
   
   Rubrics and grading criteria are provided for all assignments. Please read the rubrics and the grading criteria before completing the assignments. Following the assignment criteria will optimize your efforts toward successful course completion.

Syllabus is sole property of Wilmington University
**Group Presentation** (Objectives 1-4) **30%**

The group presentation will be on perspectives of health and illness in one of five communities studied. The presentation is to include the following: (1) history of the ethnic group in the US, (2) traditional perceptions of health and illness, (3) traditional healing methods, and (4) current healthcare issues/concerns.

**Reaction Papers (2)** (Objectives 1-4) **40%**

Students will complete two reaction papers. Each of these papers will be worth 20% of the grade, for a total worth of 40%. The purpose of these papers is to allow the student to express their reactions to the assigned readings, as well as to course discussion. APA 6th format is required for these papers.

**Health Diaries** (Objectives 1-4) **10%**

The student will maintain a health diary for one week prior to the beginning of the course. This daily record enables the student to note the effect of various stressors and strains on their daily life activity. It reveals the intricacies of daily lifestyle. The diary will include a daily record of their personal meaning of their health status and routine daily activities throughout the week. The student will be provided further instruction for the completion of the personal health diary in the assignment section under week one activities.

**Field Study** (Objectives 1-4) **15%**

Students will participate in a cultural awareness “field study.” This activity will promote the awareness of cultural diversity found within the student’s own community. The student will complete the assignment by attending a culturally diverse event, interviewing someone that is a first generation immigrant to the United States, or attending a cultural celebration. Further information about this assignment can be found in week one under activities, the completed assignment is due week four. Students are required to seek advisement from the instructor before choosing their field study activity/event.

**Class Participation/Activities** (Objectives 1-4) **5%**

It is expected students will have an active involvement in this course. The success of this course depends on active participation and critical reflection by all students.

### III. COURSE POLICIES:

**College of Health Professions Attendance Policy**: Because class sessions are highly interactive, any student’s absence diminishes the quality of learning for everyone.

Students are expected to attend all in-class sessions and to log on and participate in all online sessions as the course format requires. Failure to do so may be considered an unexcused absence. Be apprised that faculty have the ability to monitor your access to Blackboard sessions. Please
note that your weekly attendance is electronically tracked and is a criterion for your final course grade. Communication with your course faculty is essential.

**College of Health Professions Response Time Policy:**

Faculty will generally respond to all student communication within 24-48 hours unless a weekend or holiday. Please refer to your course faculty’s specific availability as noted within the course.

**Online Learning Considerations:**

Online learning courses are offered in a seven week format which is designed to move the motivated student through the nursing curriculum at an accelerated pace. A significant amount of the student learning is done via independent assignments and requires the use of the Internet and the Blackboard course learning management system.

Resources for Online Students, including Blackboard Technical Support, can be accessed at: http://www.wilmu.edu/onlinelearning/dl_current.aspx

**IV. COURSE OUTLINE/ SCHEDULE**

* The instructor reserves the right to change or add assignments as needed*

Rev.8.2015