WILMINGTON UNIVERSITY  
COLLEGE OF HEALTH PROFESSIONS  
BASIC COURSE INFORMATION

COURSE NUMBER: HLT 377

COURSE TITLE: THE PROCESS OF INTERVENTION

RATIONALE:

The population of the United States is 300 million with approximately 54 million Americans having a mental disorder at any given time. This means 1 in 6 Americans will have some form of mental illness at some time in their life. Yet approximately 20 million or almost 1/3 of those individuals have mental illness that progresses, is unrecognized, undiagnosed, or goes untreated. With those facts in mind, students may find themselves in a setting where an intervention is appropriate. Students will acknowledge the responsibilities involved with the intervention process and will understand the benefits and risks associated with interventions.

OBJECTIVES:

With successful completion of this course, the student will be able to:

1. Identify situations that indicate interventional needs.
   a. Addiction
   b. Abuse
   c. Neglect
   d. Mental Health
   e. Co-dependency

2. Examine the process of an effective intervention plan.
   a. Definitions:
      Stakeholder – Each person that plays a part in the intervention
      Service providers – Agencies that provide services to implement
      recovery from addiction or mental illness
      Intervention plan – The stages beginning with identifying and
      accepting the addiction/mental illness to moving to a goal of
      successful treatment.
   b. Literature about the intervention process.
   c. Model: The intervention model will be introduced for the intervention
      plan assignment. This model has six elements and rubric based for
      students to follow. Students will develop an intervention plan based on
      this model.
   d. Application to a specific mental illness.

3. Utilize an interdisciplinary approach in the intervention process.
   a. Variety of stakeholders

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b. Common goals in the intervention process
c. Roles in the intervention process
d. Collaborative effort in an intervention team
e. Value of appropriate supervision in an intervention
f. Institutional response to intervention

4. Develop an intervention plan founded on concepts and principles incorporated from the course.
   a. Signs of mental illness
   b. Benefits of family discussions
   c. Types of mental disorders
   d. Diagnosis
   e. Medication options
   f. Therapy and rehabilitation options
   g. Therapeutic communication
   h. Wellness

5. Evidence critical thinking skills in class discussion, written work, and oral presentations.