I. MAJOR INSTRUCTIONAL GOALS:

GOAL A:
Understand counseling and consultant theories.

Learning Outcomes: The student will:

A-1 Describe the theories which include both individual and systems perspective.
A-2 Identify key concepts for each theory.
A-3 Compare and contrast theories identifying strengths and weaknesses.
A-4 Demonstrate knowledge of the counselor-client therapeutic relationship and development of professional boundaries.

GOAL B:
Understand how counselor or consultant characteristics and behaviors influence the helping process.

Learning Outcomes: The student will:

B-1 Identify relevant characteristics of counselor or consultant such as age, gender, and ethnicity.
B-2 Describe how these characteristics impact the helping process.

GOAL C:
Demonstrate effective interpersonal communication skills.

Learning Outcomes: The student will:

C-1 Demonstrate his/her active and reflective listening skills.
C-2 Demonstrate non-verbal and verbal skills.
C-3 Demonstrate empathic skills.
C-4 Demonstrate influencing skills.

GOAL D:
Demonstrate understanding of stages in a counseling relationship from beginning to end.

Learning Outcomes: The student will:

E-1 Identify factors that influence stages of the counseling process.
E-2 Identify types of interviews.
F-3 Identify relevant counseling skills for each stage of the counseling process.
F-4 Identify issues connected with termination.

**GOAL E**
Demonstrate interviewing, assessment and counseling skills.

**Learning Outcomes:** The student will:

E-1 Demonstrate aspects of the interview process.
E-2 Identify appropriate assessment procedures.
E-3 Demonstrate essential interviewing and advanced counseling skills.
E-4 Identify situations in which referral is appropriate.

**GOAL F**
Be aware of ethical and legal issues related to counseling.

**Learning Outcomes:** The student will

F-1 Identify ethical and legal issues of the counseling relationship: especially, confidentiality.
F-2 Discern differences between ethical and legal principles and practices.