COURSE TITLE: Group Counseling

COURSE NUMBER: MCC 7202

I. MAJOR INSTRUCTIONAL GOALS:

GOAL A:
Understand concepts of group dynamics as they relate to counseling theory and practice.

**Learning Outcomes:** The student will:

- A-1 Identify the basic elements in group dynamics.
- A-2 Describe the relationship between these basic elements to various group counseling theories.
- A-3 Use the elements of group dynamics and counseling theories in the modality of group treatment.
- A-4 Role play group membership.

GOAL B:
Have an opportunity to experience being a group member in small group experiential activity.

**Learning Outcomes:** The student will:

- B-1 Experience being a member of a counseling group.
- B-2 Experience more fully the identity of the client in the group process.
- B-3 Experience more fully group counseling skills in the identity of the counselor.

GOAL C:
Demonstrate leadership skills necessary for facilitating counseling group.

**Learning Outcomes:** The student will:

- C-1 Lead a group.
- C-2 Use both theoretical elements and basic group dynamics principles in an effort to master the modality of group treatment.

GOAL D:
Demonstrate knowledge of legal and ethical issues related to group counseling.

**Learning Outcomes:** The student will:
D-1 Describe various models for dealing with ethical issues in group counseling.
D-2 Demonstrate knowledge of ethical principles related to group counseling.

GOAL E:
Understand the concept of therapeutic groups and the curative factors which operate in successful groups.

Learning Outcomes: The student will:

E-1 Identify curative factors related to group work.
E-2 Demonstrate observation skills in identifying curative factors in group role play.

GOAL F:
Classify groups according to function and theoretical framework.

Learning Outcomes: The student will:

F-1 Identify how different theoretical orientations impact group treatment.
F-2 Demonstrate his/her theoretical orientation within the group treatment modality.
F-3 Demonstrate knowledge of theoretical research literature.

GOAL G:
Observe functioning groups and evaluate the process in terms of stage development, leader effectiveness, theoretical framework and setting.

Learning Outcomes: The student will:

G-1 Identify the stages of the group process.
G-2 Identify elements of leader effectiveness and theoretical basis of the leader.
G-3 Demonstrate knowledge of group process in a variety of settings.

GOAL H:
Demonstrate knowledge of pre-group procedures, including participant selection.

Learning Outcomes: The student will:

H-1 Identify and describe principles of group selection and pre-group procedures.
H-2 Evaluate the type of clients of which group modality is indicated or contraindicated.

GOAL I:
Understand attitudes, beliefs and acculturative experiences of multicultural and diverse populations that influence the group counseling process.

Learning Outcomes: The student will:
I-1 Identify aspects of cultural identity, attitudes, and beliefs that impact groups.
I-2 Identify acculturative experiences of self and others in small group experience.
I-3 Demonstrate group counseling skills that are effective when counseling diverse populations.