WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION

COURSE TITLE: Family Counseling
COURSE NUMBER: MCC 7501

I. MAJOR INSTRUCTIONAL GOALS:

GOAL A:
Understand basic concepts and theme of family counseling.

Learning Outcomes: The student will:

A-1 Demonstrate knowledge of family systems theories and concepts of Structural, Psychoanalytic, Experiential, Behavioral, Strategic, and Bowenian family models.
A-2 Use the theories of family counseling through role playing and the practice of basic listening skills.
A-3 Compare and contrast family theories with theories of individual development.

GOAL B:
Understand the concept of family of origin.

Learning Outcomes: The student will:

B-1 Identify the theoretical influences of family counseling.
B-2 Demonstrate knowledge of the characteristics of family health across the lifespan.
B-3 Identify issues related to the family life cycle and family constellation including violence within families, two-parent and single-parent families, and physical and mental handicaps and their influence on children in the family.

GOAL C:
Understand various family assessment techniques.

Learning Outcomes: The student will:

C-1 Identify assessment instruments for use in family counseling.
C-2 Describe the meaning and function of the genogram in family counseling.
C-3 Construct a genogram using the student’s family as a model and conducting role plays based on the genogram.

GOAL D:
Demonstrate skills related to specific family counseling theories.
Learning Outcomes: The student will

D-1 Demonstrate skills in joining the family.
D-2 Demonstrate skills in unbalancing.
D-3 Demonstrate skills in family sculpting.
D-4 Demonstrate skills in paradoxical intention.

GOAL E:
Demonstrate sensitivity to working with clients from diverse backgrounds.

Learning Outcomes: The student will:

E-1 Identify family issues related to ethnicity.
E-2 Identify family issues related to age.
E-3 Identify family issues related to gender.

GOAL F:
Demonstrate knowledge of ethical considerations related to family counseling.

Learning Outcomes: The student will

F-1 Identify ethical principles related to family counseling.
F-2 Apply ethical principles and legal considerations to counseling situations.

GOAL G:
Demonstrate an understanding of the historical development of family counseling theory in relation to group counseling theory and multicultural counseling theory.

Learning Outcomes: The student will

G-1 Discuss theoretical similarities and differences among family, group, and multicultural counseling.
G-2 Identify characteristics and behaviors of effective family counselors.
G-3 Define a personal model of counseling to include aspects of family counseling.