WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION

COURSE TITLE: Community Counseling Practicum
COURSE NUMBER: MCC 7905

I. MAJOR INSTRUCTIONAL GOALS:

GOAL A:
Increase awareness of relationship between theory and practice.

Learning Outcomes: The student will:

A-1 Identify and analyze theoretical approaches, as well as strategies used to implement theory in the counseling session.
A-2 Demonstrate use of these theoretical strategies and techniques in role play exercises.

GOAL B:
Demonstrate skills, techniques, and procedures appropriate to the student’s own philosophy of counseling.

Learning Outcomes: The student will:

B-1 Identify specific procedures followed and techniques used by the counselors.
B-2 Use specific skills during in-class role plays, as well as with clients in counseling sessions.
B-3 Identify and integrate counseling techniques congruent with student’s philosophy of counseling.

GOAL C:
Understand the counseling process.

Learning Outcomes: The student will:

C-1 Observe, identify, and describe what is happening in a counseling interview.
C-2 Analyze the process and content of an interview session.

GOAL D:
Understand case conceptualization.

Learning Outcomes: The student will:

D-1 Synthesize and analyze case details for possible diagnostic impression.
D-2 Develop strategies and treatment plans for a given case.
D-3 Discuss the possible case prognosis.

**GOAL E:**
Develop a personal philosophy of counseling.

**Learning Outcomes:** The student will:

E-1 Use self-assessment exercises to develop a personal counseling style.
E-2 Compare and contrast different styles of counseling.

**GOAL F:**
Develop self-awareness and sensitivity to others.

**Learning Outcomes:** The student will:

F-1 Reflect on personal practice to gain insight into oneself.
F-2 Demonstrate sensitivity to and awareness of others.