WILMINGTON UNIVERSITY
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES
BASIC COURSE INFORMATION

COURSE TITLE:  Community Counseling Internship

COURSE NUMBER: MCC 8000-8003

I.  MAJOR INSTRUCTIONAL GOALS:

GOAL A:
Demonstrate a knowledge and understanding of professional ethical guidelines as they relate to the field of community agency counseling.

Learning Outcomes: The student will:

A-1  Learn and identify codes of ethics relating to the counseling field

GOAL B:
Demonstrate a working knowledge of DSM-IV criteria and associated symptomology.

Learning Outcomes: The student will:

B-1  Present oral and written case studies that identify specific DSM-IV disorders, including associated features and effective treatment approaches based on current research.
B-2  Include the DSM-IV diagnosis for all tapes and cases presented.

GOAL C:
Identify and utilize a variety of therapeutic theories, techniques, and strategies.

Learning Outcomes: The student will:

C-1  Through use of counseling videos, identify and analyze various therapeutic theories.
C-2  Read about and demonstrate an understanding of various counseling techniques and strategies through in-class discussions and role plays.
C-3  Using tape and case presentations, critique his/her own use of various techniques in actual counseling sessions.

GOAL D:
Demonstrate an understanding of the methodology for developing a treatment plan as it relates to specific case presentations.
Learning Outcomes: The student will:

D-1 Identify which techniques and strategies (according to research done in the field) have proven to be effective in the treatment of specific counseling situations.

D-2 Analyze all the particular details of a case and gain an in-depth understanding of that specific case situation.

D-3 Through peer consultation, offer professional insight and suggestion of techniques and strategies for developing an effective treatment plan.

GOAL E:
Demonstrate proficiency in specific counseling skills and as active listening, reflecting, restating, summarizing/paraphrasing, confronting, questioning, and providing feedback.

Learning Outcomes: The student will:

E-1 Read, study and discuss weekly a variety of counseling skills.

E-2 View videos (both professional and student) and identify specific counseling skills being used.

E-3 Critique self and peers (both orally and written) in proficiency of counseling skills within a specific session.

GOAL F:
Demonstrate competency in preparing and critiquing oral case presentations.

Learning Outcomes: The student will:

F-1 Develop a clear, orderly, and logical sequence of case details for classroom presentation and a written case study, providing an accurate picture of the counseling case.

F-2 Demonstrate critical thinking skills to analyze the particulars of the case being presented and offer an effective and helpful critique of the case presentation.

GOAL G:
Demonstrate commitment to a professional development plan to strengthen professional knowledge and skills and personal growth.

Learning Outcomes: The student will:

G-1 Identify and define strengths and weaknesses in counseling skills and professional knowledge.

G-2 Identify and define strengths and weaknesses in personal characteristics that
influence performance as a professional counselor.

G-3 Develop and implement a plan to build upon strengths and improve weaknesses in skills, knowledge, and personal characteristics that influence performance as a professional counselor.