BASIC COURSE INFORMATION

COURSE TITLE: Community Counseling Internship
COURSE NUMBER: MCC 8000

I. MAJOR INSTRUCTIONAL GOALS:

GOAL A:
Demonstrate a knowledge and understanding of professional ethical guidelines as they relate to the field of community agency counseling.

Learning Outcomes: The student will:

A-1 Learn and identify codes of ethics relating to the counseling field

GOAL B:
Demonstrate a working knowledge of DSM-IV criteria and associated symptomology.

Learning Outcomes: The student will:

B-1 Present oral and written case studies that identify specific DSM-IV disorders, including associated features and effective treatment approaches based on current research.
B-2 Include the DSM-IV diagnosis for all tapes and cases presented.

GOAL C:
Identify and utilize a variety of therapeutic theories, techniques, and strategies.

Learning Outcomes: The student will:

C-1 Through use of counseling videos, identify and analyze various therapeutic theories.
C-2 Read about and demonstrate an understanding of various counseling techniques and strategies through in-class discussions and role plays.
C-3 Using tape and case presentations, critique his/her own use of various techniques in actual counseling sessions.

GOAL D:
Demonstrate an understanding of the methodology for developing a treatment plan as it relates to specific case presentations.

Learning Outcomes: The student will:

D-1 Identify which techniques and strategies (according to research done in the field) have proven to be effective in the treatment of specific counseling situations.
D-2 Analyze all the particular details of a case and gain an in-depth understanding
of that specific case situation.

D-3 Through peer consultation, offer professional insight and suggestion of techniques and strategies for developing an effective treatment plan.

**GOAL E:**
Demonstrate proficiency in specific counseling skills and as active listening, reflecting, restating, summarizing/paraphrasing, confronting, questioning, and providing feedback.

**Learning Outcomes:** The student will:

- **E-1** Read, study and discuss weekly a variety of counseling skills.
- **E-2** View videos (both professional and student) and identify specific counseling skills being used.
- **E-3** Critique self and peers (both orally and written) in proficiency of counseling skills within a specific session.

**GOAL F:**
Demonstrate competency in preparing and critiquing oral case presentations.

**Learning Outcomes:** The student will:

- **F-1** Develop a clear, orderly, and logical sequence of case details for classroom presentation and a written case study, providing an accurate picture of the counseling case.
- **F-2** Demonstrate critical thinking skills to analyze the particulars of the case being presented and offer an effective and helpful critique of the case presentation.

**GOAL G:**
Demonstrate commitment to a professional development plan to strengthen professional knowledge and skills and personal growth.

**Learning Outcomes:** The student will:

- **G-1** Identify and define strengths and weaknesses in counseling skills and professional knowledge.
- **G-2** Identify and define strengths and weaknesses in personal characteristics that influence performance as a professional counselor.
- **G-3** Develop and implement a plan to build upon strengths and improve weaknesses in skills, knowledge, and personal characteristics that influence performance as a professional counselor.