WILMINGTON UNIVERSITY
COLLEGE OF HEALTH PROFESSIONS
COURSE OUTLINE & SCHEDULE OF ASSIGNMENTS

COURSE NUMBER: MSN 7705
COURSE TITLE: PRIMARY CARE II: ACUTE & CHRONIC CARE OF ADULTS
PREREQUISITES: MSN 6603, MSN 7702, MSN 7703
FACULTY MEMBER:

TERM:

METHOD OF CONTACT:

COURSE DESCRIPTION:
This course focuses on providing primary care to young, middle aged, and older adults using a lifespan approach. Health promotion and disease prevention are stressed. Assessment, diagnosis, and management of acute episodic illnesses and stable chronic health conditions are emphasized. Aspects of differential diagnosis are addressed. Concepts of epidemiology are explored and applied. The importance of a theoretical model for primary care delivery is stressed. The student applies health promotion, disease prevention, and illness management strategies to clients.

I. COURSE OBJECTIVES:

This course provides students with the skills to:

1. Analyze the nurse practitioner primary care role when caring for young, middle, and older adults and their families with regard to health promotion and health prevention.
2. Integrate epidemiological and primary care concepts when assessing, implementing and evaluating common acute, emergent and chronic health problems.
3. Compare and contrast appropriate treatment modalities with consideration of standards of care, research findings, and resource utilization.
4. Utilize teaching and learning principles to assist the adult and the family in the development and implementation of a plan of care.
5. Integrate appropriate theoretical frameworks to provide comprehensive culturally sensitive primary care for adults and their families.

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6. Understand the challenges in adult primary care in the context of family and culture.
7. Identify legal, moral, and ethical issues when providing adult primary care.
8. Utilize critical thinking skills in class discussion, written work, online assignments, and oral/visual/voice-enhanced presentations

II. SUPPLEMENTAL OBJECTIVES:

1. Analyze the nurse practitioner primary care role when caring for young, middle, and older adult and their families with regard to health promotion and health prevention.
   - The foundation of adult primary care
   - Professional competencies and interdisciplinary practice
   - Evidence-based health screening: sensitivity and specificity, reliability, and cost
   - Screening and counseling role
   - Immunizations
   - High-risk behaviors
   - Obesity and nutritional considerations in cardiovascular disease, renal disease, and hepatic disease

2. Integrate epidemiological and primary care concepts when assessing, implementing, and evaluating common acute, emergent, and chronic health problems.
   - Valid diagnostic reasoning of selected health problems in the adult population
   - Anatomy, physiology, and pathology
   - Epidemiology
   - Diagnostic criteria
   - History and physical examination
   - Diagnostic studies
   - Referral points and clinical warnings
   - Comprehensive management considerations and treatment options expected outcomes
   - Controversy in selected treatment options and the varied sources of treatment standard guidelines
   - Diverse self-care choices

3. Compare and contrast appropriate treatment modalities with consideration of standards of care, research findings, and resources utilization.
   - Non-pharmacological, pharmacological, and complementary health care approaches for common health problems
Pharmacological update of the primary drugs currently used to treat selected conditions commonly seen in primary care
Smoking cessation
Special pharmacological considerations of the aged

4. Utilize teaching and learning principles to assist the adult and the family in the development and implementation of a plan of care.
   - Assess readiness, motivation, and learning style for health education
   - Assess the patient and family knowledge of disease process and course
   - Identify symptoms, symptom management, and self-care strategies for symptom control
   - Identify if patient and family know whom to call if a problem arises
   - Assess medication administration habits, usage of medical equipment,
   - Assess patient knowledge of possible food-drug or drug-drug interactions
   - and if knowledge exists of when and how to seek further care
   - Prior experience(s) with the health care system
   - Reading levels and content understanding
   - Economic and insurance status

5. Integrate appropriate theoretical frameworks to provide comprehensive culturally sensitive primary care for adults and their families.
   - Clarifying your own values and beliefs to discern possible sources of prejudice.
   - Knowledge and utilization of selected nursing conceptual models for guiding comprehensive cultural sensitive primary care for adults and their families

6. Recognize the challenges in adult primary care considering the context of family and culture.
   - The context of demographics, geography, and economic influences
   - Family-centered practice
   - Family and community systems analyses in primary care
   - Religious orientation/spirituality factors on healing

7. Identify legal, moral, and ethical issues when providing adult primary care.
   - Family/social support
   - Technology
   - Complex social problems
   - Access to health care
   - Aging population