COURSE TITLE: HOLISTIC HEALTH ASSESSMENT

COURSE NUMBER: NUR 413

IDEA ESSENTIAL ITEMS: Learning to Apply Course Material (to improve thinking, problem solving, and decisions).

Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course.

IDEA IMPORTANT ITEMS: Gaining factual knowledge (terminology, classifications, methods, trends).

Learning fundamental principles, generalizations, or theories.

I. COURSE OBJECTIVES

With successful completion of this course, the student will be able to:

1. Perform a comprehensive holistic health assessment.
2. Modify a comprehensive health assessment for specific populations across the lifespan.
3. Incorporate cultural considerations into a comprehensive holistic health assessment.
4. Evidence critical thinking skills in class discussion, written work, online assignments, and oral/visual/voice-enhanced presentations.

II. METHODOLOGY & POLICIES

A. Teaching Method Options
   Readings, Lecture, Multimedia, Discussion Board, and Group Activities

B. Assessment Equipment
   Students enrolled in the hybrid or online offering of NUR 413 are required to have access to the following:

   1. Web cam with built-in microphone
      Students will perform a return demonstration of a physical body system. Web cams are available through our WilmU bookstore or at most general merchandise stores.

Syllabus is sole property of Wilmington University
Please visit http://www.wilmu.edu/edtech/PDF/Choosing_a_webcam.pdf for more information on choosing a Web Cam that’s right for you.

2. **Access to Assessment Tools**

Most items needed for this assessment course are readily available to registered nurses: Q-tips, tongue blade/ popsicle stick, safety pin, spices/coffee for olfactory senses, lemon for taste, measuring tape/ ruler, marker, and a stethoscope.

The reflex hammer can equate to any item that would elicit a deep tendon response – so, a wooden hammer used for steamed crabs, or any other kitchen tool along these lines would suffice in order to assist in meeting the assignment objectives.

Other items have been borrowed from the student’s family physician or NP, their place of employment, their AND/ diploma nursing school, or from visiting the labs at one of the WilmU instructional sites. Gaining access has presented an opportunity at executing communication and establishing relationships in the community.

**C. Evaluation Methods**

Rubrics and grading criteria are provided for all assignments. Please read the rubrics and the grading criteria before completing the assignments. Following the assignment criteria will optimize your efforts toward successful course completion.

- **Quizzes** *(Objectives 1-4)*
  Quizzes will be administered to evaluate student comprehension of course content.

- **Return Demonstration** *(Objectives 1, 4)*
  Students are required to demonstrate an accurate and comprehensive physical assessment of a randomly selected body system. Specific guidelines will be provided by the course faculty.

- **Written Assessment** *(Objectives 1-4)*
  A comprehensive written history and physical is completed on a lab partner. This assignment offers the student the opportunity to demonstrate integration of psychomotor skills and critical reasoning. The completed assessment will include: a comprehensive individual health history, a physical and developmental assessment, an assessment of and plan to address learning needs (health promotion and prevention activities) and an assessment of cultural impact on health practices.

- **Participation** *(Objectives 1 - 4)*
  The success of this course depends on active participation and critical reflection by all students.

**Please Note: A minimum grade of C- is required to pass this course.**

* The faculty reserves the right to change or add assignments as needed
III. COURSE POLICIES:

**College of Health Professions Attendance Policy:** Because class sessions are highly interactive, any student’s absence diminishes the quality of learning for everyone.

Students are expected to attend all in-class sessions and to log on and participate in all online sessions as the course format requires. Failure to do so may be considered an unexcused absence. Be apprised that faculty have the ability to monitor your access to Blackboard sessions. Please note that your weekly attendance is electronically tracked and is a criterion for your final course grade. Communication with your course faculty is essential.

**College of Health Professions Response Time Policy:**

Faculty will generally respond to all student communication within 24-48 hours unless a weekend or holiday. Please refer to your course faculty’s specific availability as noted within the course.

**Online Learning Considerations:**

Online learning courses are offered in a seven week format which is designed to move the motivated student through the nursing curriculum at an accelerated pace. A significant amount of the student learning is done via independent assignments and requires the use of the Internet and the Blackboard course learning management system.

Resources for Online Students, including Blackboard Technical Support, can be accessed at: [http://www.wilmu.edu/onlinelearning/dl_current.aspx](http://www.wilmu.edu/onlinelearning/dl_current.aspx)

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