I. RATIONALE:

Human sexuality is a complex and emotionally charged topic. The student should be prepared to deal with many complex issues with a high level of professionalism. This is primarily a course in theory.

As Psychology professionals, we recognize that reactions to trauma come in many forms. The content of this course, and discussions about sexuality and trauma from different perspectives, may bring about unexpected and unsettling reactions. Responses to trauma are often strategies that survivors have developed to keep themselves safe, and therefore really reflect strength and resiliency. Recognizing how trauma impacts anyone is an important part of skill building for creating trauma-informed services and systems. Please do not hesitate to contact the instructor at any time during the course if you would like to discuss, privately, your reactions to the content we are reviewing and/or the discussions we are having.

II. MAJOR INSTRUCTIONAL GOALS

GOAL A:
The student will develop an understanding of studies

Learning Outcomes: The student will:

A-1 Identify studies such as Kinsey, Masters, Johnson and the Sex in America survey.
A-2 Explain what these studies revealed about sexuality.
A-3 Describe the impact of these studies on attitudes and behavior.

GOAL B:
The student will demonstrate understanding of the normal sexual response.

Learning Outcomes: The student will:

B-1 Elaborate the basic facts of reproduction, sexually transmitted diseases and...
social stigma as they relate to sexual behavior.

B-2 Differentiate among “normal,” unusual, deviant, and maladaptive sexual behavior.

B-3 Discuss the effects of normal development and aging on sexual behavior.

B-4 Discuss the effects of family, individual experience, and social norms on sexual behavior and gender roles.

B-5 Discuss the role of emotion, relationship, and motivation on sexual behavior.

GOAL C:
The student will be familiar with key issues related to human sexuality.

Learning Outcomes: The student will:

C-1 Identify the role of moral, religious and personal values/beliefs on sexual attitudes and behavior.
C-2 Describe legal issues associated with sexual behavior.
C-3 Discuss health issues associated with sexual behavior including AIDS and other STD’s, impotence and sexual dysfunction, domestic violence and Sexual assault.
C-4 Identify mental health issues related to sexual behavior including the effect of guilt and shame.

GOAL D:
The student will use appropriate written and oral communication skills.

Learning Outcomes: The student will:

D-1 Communicate information orally in a logical and grammatical manner.
D-2 Present written information using standard APA style.