

Wilmington University Drug Free Schools and Communities Act Biennial Review 2025

(For Academic Years 2022-2023 and 2024-2025)

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2025 BIENNIAL REPORT

Summary of the Drug-Free Schools and Communities Act (DFSCA) Biennial Review Requirements

The Drug-Free Schools and Communities Act was amended in 1989 to include institutions of higher education (IHE). To receive federal financial aid under Title IV, DFSCA requires an IHE to certify that it has adopted and implemented an alcohol and other drug (AOD) prevention program. This program should prevent unlawful possession, use, and/ or distribution of illicit drugs and alcohol by students and employees. The program must include, at minimum:

- 1. Annual Distribution of the Drug and Alcohol Prevention Program (DAAPP) to all students and employees that includes:
 - a. Standards of conduct prohibiting unlawful possession, use, and/ or distribution of illicit drugs and alcohol by students and employees.
 - b. A description of local, State, and Federal laws which provide sanctions against unlawful possession and distribution of illicit drugs and alcohol.
 - c. A description of health risks associated with the use of illicit drugs and the abuse of alcohol.
 - d. A description of treatment resources available to students and employees.
 - e. A clear statement that the University will impose disciplinary sanctions on students and employees.
 - f. A description of those sanctions, up to and including expulsions, termination of employment, and referral for prosecution. A sanction may include the requirement that the offender complete an appropriate treatment program.

A copy of the biennial review must remain on file and be available for inspection by the U.S. Department of Education. A copy of this document is maintained on file by the Executive Director of Title IX, Clery, and Regulatory Affairs, Linda Van Drie Andrzjewski, Ed.D. (<u>linda.m.andrzjewski@wilmu.edu</u>). Additionally, the report may be found on the Wilmington University Compliance webpage at XXXXX.

Please contact Dr. Linda Van Drie Andrzjewski at <u>linda.m.andrzjewski@wilmu.edu</u> or 302-356-6754 with any questions concerning this policy and/or alcohol and other drug programs, interventions and policies, or to request a printed copy of the biennial report.

Descriptions of Alcohol and Other Drug (AOD) Program Elements

Wilmington University uses a collaborative framework based on efforts within specific departments and between departments. Prevention efforts included, but were not limited to: biannual notification to all students and employees of the Wilmington University DAAPP, education for students, specialized education for student-athletes based on NCAA guidelines, prevention programming offered through Student Life, and programming offered through the Title IX Coordinator. The intent of Wilmington University's AOD programming is to create and environment in which student and employees are able to make informed and healthier choices regarding:

- a) The use of alcohol and the potential for impairment problems and long-term consequences;
 and
- b) The risks as well as legal consequences of illegal drug use or the abuse/ misuse of legal substances.

The overall goal of the AOD program is to promote a safe and healthy environment for the University Community.

Below is a summary of AOD prevention-related activities and events. Targeted groups include first-year students and student-athletes.

Students in General

All students are offered no-cost training. Alcohol.edu training is sent out to students annually. This online training educates students on the mental and physical effects of alcohol and other drugs, prepares student to engage in bystander intervention, and reinforces healthy decision-making related to alcohol and drugs. The Office of Student Life also offers Prescription Drug Abuse training. Students wishing to participate in this training may contact studentlife@wilmu.edu for more information.

Student-Athletes

The Wilmington University Athletics Department has additional policies for student-athletes. These policies are presented to student-athletes annually prior to participation. The policies discuss mandatory drug testing, sanctions for positive drug tests, educational programs relative to drug and alcohol use and abuse, and counseling. Prior to student-athletes participating, they are required to complete training regarding the Wilmington University drug testing program through attendance at a mandatory seminar and by watching the NCAA drug-testing video and completing the following forms:

- NCAA Drug Testing Consent Form
- Wilmington University Drug Testing Consent Form
- NCAA Student-Athlete Statement

The Athletics department also has their own policy regarding alcohol use and abuse. The policy includes information and sanctions for student-athletes who have been found using alcohol illegally,

under the influence during practices or games, and involved in police activity as a result of alcohol use. Students are informed of this policy in the Student-Athlete Handbook.

In addition to the efforts by the Athletic Training staff, the Title IX Coordinator provides specialize training to student-athletes. All student-athletes are required to participate in a 90 minute, interactive online training regarding Sexual Misconduct. This training includes information regarding drugs and alcohol, as well as bystander intervention. Later in the year, the Title IX Coordinator meets with all student-athletes in-person to further discuss behaviors including bystander intervention.

Other Programming

The Title IX Coordinator provides resources to the University during Homecoming Week and Alcohol Awareness Month (April). During Homecoming Week, she participates in a Student Life event, Party on the Green, to offer information about alcohol use and abuse during a Mocktail Party, where participants learn about alcohol-free alternatives. In April, the University community receives an email blast to bring awareness to the dangers of alcohol misuse and abuse. This email contains resources and informational documents. In addition, the Title IX Coordinator hosts another Mocktail party held during the International Student Organization's annual cricket match. The Title IX Coordinator offered a Mocktail event to employees online during a "Take 15" webinar in November. She shared recipes on alcohol-free drink alternatives for the holiday season.

Statement of AOD Program Goals and Survey Results

To help ensure a safe, healthy and productive drug-free environment for our students and employees the University has adopted various policies (for students and employees) and programs to ensure this a healthy learning and working environment. These policies and programs are also in compliance with the Drug Free Schools and Communities Act.

Various areas of the University worked collaboratively to achieve this goal. Targeted programming included students and student-athletes. There is are also programs designated for employee through the Employee Assistance Program and Health Advocate.

Every two years, the University will conduct a biennial review to show the progress of these programs. The review is based on the Title IX and Clery Climate Survey. This survey is distributed to the entire University Community every two years. The survey includes various drug and alcohol screening questions.

Data from the Title IX and Clery Climate Survey Fall 2024

Note: There was a 3% overall return rate on this survey.

 Participants were asked if they are currently in a program for recovery from drug/ alcohol use/ abuse:

Student Responses	Staff Responses	Faculty Responses
99% NO	99% NO	99% NO

2. Survey participants were asked how much they have used various substances—Reporting non-medical use only--(below):

Type of Drug	Student Responses	Staff Responses	Faculty Responses
Tobacco or Nicotine	79% have NEVER used	78% have never used	87% have never used
	or not within the last 3	or not used within the	or not used within the
	months	last three months	last three months
Alcoholic Beverages	53% HAVE used or	67% HAVE used or	69% HAVE used or
	used within the last	used within the last	used within the last
	three months	three months	three months
Cannabis	84% have NEVER used	90% have NEVER used	89% have NEVER used
	or not used within the	or not used within the	or not used within the
	last three months.	last three months.	last three months.
Cocaine (Coke, Crack,	97% have NEVER used	99% have NEVER used	98% have NEVER used
etc.)	or not used within the	or not used iwthin the	or not used within the
	last three months.	lat three months.	last three months.
Prescription	96% have NEVER used	98% have NEVER used	99.7% have NEVER
Stimulants	or not used within the	or not used within the	used or not used within
	last three months.	last three months.	the last three months.
Inhalant Sedatives or	97% have NEVER used	99% have NEVER used	100% have NEVER used
Sleeping Pills	or not used within the	or not used within the	or not used within the
	last three months.	last three months.	last three months.
Methamphetamine	98% have NEVER used	100% have NEVER used	99.7% have NEVER
(speed, crystal meth,	or not used within the	or not used within the	used or not used within
ice, etc.)	last three months.	Ist three months.	the last three months.
Inhalants (poppers,	98% have NEVER used	99% have NEVER used	99% have NEVER used
nitrous, glues, paint	or not used within the	or not used within the	or not used within the
thinner, etc.)	last three months.	last three months.	last three months.
Sedatives or sleeping	97% have NEVER used	98% have NEVER used	99% have NEVER used
pills	or used within the last	or not used within the	or not used within the
	three months.	last three months.	last three months.
Prescription	97% have NEVER used	99.6% have NEVER	99.7% have NEVER
Stimulants	or not used within the	used or not used within	used or not used within
	last three months.	the last three months.	the last three months.

Hallucinogens	96% have NEVER used or not used within the last three months.	98% have NEVER used or not used within the last three months.	99% have NEVER used or not used within the last three months.
Heroine Prescription Opiods	98% have NEVER used or not used within the last three months.	99% have NEVER used or not used within the last three months.	100% have NEVER used or not used within the last three months.

3. Survey participants were asked about behaviors **after** drinking alcohol:

Behavior	Student Responses	Staff Responses	Faculty Responses
Driven a vehicle	82% NO	83% NO	72% NO
Done something you later regretted	82% NO	81% NO	89% NO
Blacked-out	86% NO	92% NO	93% NO
Browned-out	83% NO	88% NO	91% NO
Been in trouble with the police	94% NO	98% NO	97% NO
Had sex with someone without YOU consent	92% NO	94% NO	96% NO
Had sex with someone without THEIR consent	97% NO	99% NO	98% NO
Physically injured yourself	95% NO	96% NO	96% NO
Physically injured another person	98% NO	100% NO	99% NO
Needed medical attention	96% NO	97% NO	95% NO
Seriously contemplated suicide	97% NO	95% NO	100% NO

4. Survey participants were asked how often they consume alcohol and the maximum number of drinks consumed in a 12-hour period:

Question	Student Responses	Staff Responses	Faculty Responses
How often do you usually consume any drink containing alcohol?	40% Socially; 39% I do not drink	47% Socially; 31% I do not drink	41% Socially; 27% I do not drink
What is the maximum number of drinks containing alcohol you have consumed within a 12-hour period?	51% 1-2 drinks; 32% 5-7 drinks	63% 1-2 drinks	70% 1-2 drinks

5. Survey Participants were asked about their awareness of the detrimental effects of drug/alcohol use and their awareness of resources and policies:

Question	Student Responses	Staff Responses	Faculty Responses
I feel informed about the detrimental health effects of alcohol an illicit / prescription drug abuse.	93% Strongly Agree/ Agree	98% Strongly agree/ agree	99% Strongly Agree/ Agree
I know where I can seek help for myself or another for alcohol/drug abuse.	90% Strongly agree/ Agree	94% Strongly Agree/ Agree	97% Strongly Agree/ Agree
I am aware of the University's discipline policy for the use, possession, sale of alcohol/ drugs on-campus.	83% Strongly Agree; Agree	95% Strongly Agree/ Agree	91% Strongly Agree/ Agree
I am aware of the laws regarding use, possession, sale of alcohol/ drugs when	87% Strongly Agree/ Agree	93% Strongly Agree/ Agree	96% Strongly Agree/ Agree

on a Wilmington University campus.			
I am aware of the different programs that Wilmington University offers to students and employees about drug and alcohol use	73% Strongly Agree/	87% Strongly Agree/	81% Strongly Agree/
	Agree	Agree	Agree

DISTRIBUTION OF THE ANNUAL DRUG AND ALCOHOL PREVENTION PLAN (DAAPP) TO STUDENTS AND EMPLOYEES

As a requirement of the DFSCA, Wilmington University disseminates the Drug and Alcohol Prevention Plan twice a year to students and employees. Students are sent the DAAP in the Fall and Spring semesters after the administrative drop period has ended. Employees are provided a link to the DAAPP in Fall in the employee newsletter sent out by Human Resources to all employees. The College of Teaching Excellence sends out the link to all adjunct faculty in the Fall in their online newsletter.

CONTENT OF THE DAAPP

Wilmington University has a DAAPP on file that describes the standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employee on University property or as part of any University-sponsored activities.

The DAAPP includes the following:

- 1. University policies and regulations for both students and employees that include possible santions.
- 2. Programs available to students and employees to educate on the use of drugs and alcohol and that provide assistance to those struggling with use/ abuse of drugs and alcohol.
- 3. A list of Federal and State legal sanctions for the use and/ or distribution of illicit drugs and alcohol.
- 4. A description the health risks associated with use of the various classes of drugs, including alcohol and tobacco.

RECOMMENDATIONS

Recommendations Based on Survey Outcomes

• Overall, the survey responses were positive, in that respondents did not indicate issues with drugs and/or alcohol. The one area where responses were somewhat low was regarding the use

of alcohol. In addition, the student response to amount of alcohol consumed indicated that students typically drink a little or engage in binge drinking. The University provides resources for students and employees regarding alcohol use/ misuse, but could add more to student programming regarding binge drinking. In addition, it may also help to offer more targeted programming for employees.

- Respondents also indicated some use of tobacco products. Because of this, the University may want to look into providing smoking cessation information to students and employees.
- It has also already been recommended to send the survey out earlier in the academic year in attempt to get a better response rate.

Other Recommendations

- Because student-athletes are a heavily targeted group that is trained, it is recommended that a survey is provided to them to better interpret their habits and understanding of drug/ alcohol use.
- All first-time/ full-time students receive additional training on Sexual Misconduct. Because
 there is often a correlation between alcohol/ drug use and at-risk behavior, training slides
 should be added to this.