

## CMHC Digital-Hybrid Program

The CMHC Digital-Hybrid program utilizes a combination of Digital Synchronous, Digital Asynchronous, and In-Person synchronous learning. The program course syllabi identify the course activities and assignments along with dates/times and the designated learning platform (Canvas-asynchronous and Zoom or in-person synchronous class meetings). In addition, all communication for the program is completed through Wilmington University's email system. Wilmington University provides all students a University-issued account for these communications. Some key concepts, definitions, and program requirements are provided below:

- **Digital Asynchronous Learning - Canvas:** Wilmington University and the CMHC Digital-Hybrid Program utilize Canvas as a Learning Management System. All CMHC program courses have a designated Canvas course. The Canvas courses contain your syllabus as well as various learning modules, assignments, tests, and quizzes. You will have regular engagement with the course material, classmates, and your instructor through asynchronous course projects, assignments and activities. For information and learning tutorials on Canvas please see: <https://www.wilmu.edu/canvas/student.aspx>
- **Digital Synchronous Learning:** CMHC students participate in digital learning activities simultaneously in real-time via regular Zoom class meetings. The Zoom for each course can be found in the Canvas course for the designed CMHC course. Students attend a Zoom class in different physical locations from the instructor and/or students. This modality allows for enhanced engagement and learning activities that occur in real-time. ***Attendance for any digital synchronous learning class is mandatory in the CMHC program.***
- **In-Person Synchronous Learning:** CMHC students participate in some in-person learning activities simultaneously in real-time, on campus with the instructor. This modality allows for the added in-person engagement with the faculty and students and allows for the inclusion of learning activities that are more conducive or appropriate in the in-person format. ***Attendance for any In-Person synchronous learning class is mandatory in the CMHC program and students are expected to travel to the specified DE site location.***

Note: Practicum and Internship sites are only in Delaware and some sites within close proximity to Delaware in Maryland and New Jersey. Sites will require In-Person attendance and some may offer telehealth services to clients.

## **MyWilmu and Canvas Email**

Wilmington University provides students with a MyWilmu account that gives access to the learning platform (Canvas). All university and program correspondence is done through this address. The Canvas course is linked to this email and you can use the email in each Canvas course to send messages to classmates and professors. **You should check your Wilmington University email every day and respond to messages in a timely manner.**

See guidelines on your MyWilmu student email account:

<https://www.wilmu.edu/mywilmu/mywilmu-student-email.aspx>

## **Wilmington University Library**

Although Wilmington University has a physical library on the main campus, it also has a very extensive webpage platform, where students can engage in literature searches and gain access to many digital and electronic resources. Materials that are not available electronically can be ordered and received via email or regular mail. Visit: <https://libguides.wilmu.edu/onlinelibrary> for more information.

## **Other Technology Tools**

The CMHC program utilizes other digital technologies to facilitate student learning. During your academic studies, this includes the use of software such as Theavue/Skillsetter. This interactive software helps develop your counseling skills through deliberate practice activities. You will also be utilizing Supervision Assist during your practicum and internship year. It provides a superior HIPAA secure platform to review client sessions and provide feedback, as well as review and collect student activities/ hours and evaluation forms. Finally, the program utilizes AATBS (Association for the Advanced Training in the Behavioral Sciences). It provides online practice tests and materials to help students prepare for the CPCE and NCE exams.

## **Computer, Internet, and Software**

Having a computer you can use and your ability to connect to the internet will be essential for successful completion of the CMHC Digital-Hybrid Program.

## Computers

- Most computers manufactured in the last 4–5 years will be fine. However, [Chromebooks are not compatible](#) with certain software/services used for online or in-class learning here at Wilmington University. Therefore, using Chromebooks for online learning is advised against. View the vendor's website to learn about each app's specific technical requirements.
- Operating systems needed:
  - **Windows: 10, 8, or 7** (10 is the best version at this time, while 7 and 8 can work in some courses, it is advisable to purchase a Windows 10 system, as new updates to Canvas and external tools are not made with compatibility in mind for older operating systems)
  - **Mac: OS X 10.7** or higher.
- Hard Drive- **100 Gigabytes** or more, to ensure adequate space for any software and videos for courses. [Information on Hard Drive Space can be found here.](#)
- Memory/RAM- **8 Gigabytes** or higher, in order to run Kaltura, the University endorsed video recording software. [Information on Memory/RAM found here.](#)
- Wilmington University has a special partnership program that enables students to purchase computer hardware, software, and accessories for personal use at an educational discount. [Learn more.](#)

## Internet Browser

- Canvas works best in Mozilla Firefox or Google Chrome.
- A high-speed Internet connection is recommended, although DSL will work.
- A minimum bandwidth of 2 Mbps is required for Canvas, Zoom, Respondus Monitor, Kaltura, and many other [Ed Tech Tools](#) commonly used in classes.

## Internet and Wi-Fi

- Wi-Fi can be very unstable. Check your Wi-Fi connection and speed <http://speedtest.googlefiber.net/>
- If you cannot get a Wi-Fi connection or sufficient speed, get an Ethernet cable and plug your computer into your router.
- If you are having internet problems you can go to a Wilmington University Location and use the internet and Wi-Fi at any Wilmington University site. <https://www.wilmu.edu/techres/wireless-communications.aspx>

## Software

- You will need a word-processing software, such as Microsoft Word (uploading essays needs to be in a .doc or .docx format).
- [Current WilmU students can download and install Microsoft Office® apps for free!](#)

## **Essential Skills for Online Learning**

The CMHC Digital-Hybrid program requires some of the following skills and abilities:

- Technology Proficiency
- Organizational Skills
- Time Management Skills
- Good Communication
- High Motivation
- Self-Discipline/Detail Oriented

In addition, the following resource is required:

- A Private and quiet home office space

**See CMHC Student Handbook for additional information about hour expectations**

***The following WuFoo link has a Digital Delivery Competency Survey, which will help you determine your digital skills and whether the CMHC Digital-hybrid program is appropriate for your learning needs:***

**<https://wuedtech.wufoo.com/forms/z1ns110x16zpyr3/>**

**Those wishing to apply to the CMHC Digital-Hybrid program must check the boxes below and provide a signature to indicate you understand and agree to the contents of this document:**

- I have completed the *Digital Delivery survey*.**
- I have read and understood the expectations and requirements in regards to the CMHC Digital-Hybrid program.**
- I understand, and agree to the Digital Asynchronous, Digital Synchronous, and In-Person Synchronous attendance requirements.**
- I understand, and agree that the practicum and internship placement will be in Delaware and proximate sites in Maryland and New Jersey.**

**Applicant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_