

Clinical Year Time Estimates and Obligations

Per the CMHC Practicum and Internship Handbook, students have Practicum and Internship for their final year in the CMHC program. The year is broken up into three semesters – Practicum, 15 weeks (summer semester), Internship I, 15 weeks (fall semester) and Internship II, 15 weeks (spring semester). Within each of those semesters there is a minimum requirement of hours that the student must be at the Placement (either on site or virtual) either working with clients or doing indirect work for the site. Please note, many sites require students to be in attendance physically or virtually weekdays, during the day, and we as a program have no control over this.

In addition to the required hours for Practicum and Internship, the student has to take an additional course each semester: MHC 7203 Counseling for Career Development, MHC 8092 Consultation for Counselors and MHC 8093 Supervision for Counselors. As well students will be studying and taking the CPCE in late fall and the NCE in late spring. Please see the breakdown of hours below.

The final year in the CMHC program requires a time commitment that is well beyond the first and second year in the CMHC Program. The student may need to make accommodations to meet the time and work demands for their final year in the program. The student must be organized and able to prioritize the demands of the graduate work, family, employment and friends to ensure completion of the CMHC Program and graduate.

The average time commitment for each semester is:

- Summer: Practicum
 - Site (physical or virtual) – 8 hours a week (100 hours for the semester)
 - Faculty Supervision – average 1 hour per week (15 hours for the semester)
 - Practicum Class – meetings plus assignments – average 2 hours a week (30 hours for the semester)
 - MHC 7203 Career Counseling Course – average 9 hours a week (includes attending class and assignments)
 - **TOTAL ESTIMATED WEEKLY HOURS = 20**

- Fall: Internship I
 - Site (physical or virtual)– 20 hours per week (300 hours for the semester)
 - Faculty Supervision – average 1/2 hours a week (9 hours for the semester)
 - Internship I Class – meetings plus assignments – average 2 hours a week (30 hours for the semester)
 - MHC 8092 Consultation Course and CPCE preparation – average 9 hours a week (includes attending class, assignments and taking the CPCE)
 - **TOTAL ESTIMATED WEEKLY HOURS = 31**

- Spring: Internship II
 - Site (physical or virtual) – 20 hours per week (300 hours for the semester)
 - Faculty Supervision – average 1/2 hours a week (9 hours for the semester)
 - Internship I Class – meetings plus assignments – average 2 hours a week (30 hours for the semester)
 - MHC 8093 Supervision for Counselors– average 4 hours a week (includes attending class and assignments)
 - NCE preparation - average 8 hours a week
 - **TOTAL ESTIMATED WEEKLY HOURS = 35**

*****An option to consider is taking an additional year to finish the program.
Completing practicum and internship first and then an additional year to take
MHC 8092 and 8093, CPCE and NCE exams.**